







Milford Haven is the perfect place to visit this Christmas

Milford Haven is a special place to be at Christmas, with a range of places to eat, shop, enjoy and stay at this magical time of year.

If you're looking for somewhere to celebrate with friends and family, then there are a fantastic mix of restaurants and cafés to choose from, offering Christmas party menus and entertainment, and Boxing Day and New Year celebrations too.

Your Christmas shopping is covered with a wide selection of shops in the town centre, at Havens Head Retail Park and Milford Waterfront. Whether you're looking for special gifts, a Christmas party outfit, hair and beauty treatments or the Christmas essentials, you'll be sure to find it here.

There's lots of festive events taking place too, with the Milford Waterfront Nutcracker Trail from November 22nd to January 2nd, Milford Haven Round Table's Santa Tour, the Christmas lights switch on at the Town Hall, festive activities at Milford Waterfront on the first 3 Saturdays in December, and this year's Christmas pantomime at the Torch Theatre: Beauty and the Beast.

Milford Waterfront is conveniently located in the heart of Pembrokeshire, with good links by road and rail, visitor parking with flat, easy access, and we're a dog friendly destination too!

We look forward to seeing you this Christmas.

Merry Christmas and Happy New Year!

The Milford Waterfront Team





going to print (October 2023).





Can you find the 10 Nutcracker Kings?

Milford Waterfront Nutcracker Trail 22nd November - 2nd January

Visit Milford Waterfront between

22nd November and 2nd January and search for Santa's Nutcracker Kings!

Download a trail map from the Milford Waterfront website, or collect a copy from under the stairs at Martha's Vineyard by the Milford Marina Office or the Tŷ Hotel.

There are **10 kings hidden** around Milford Waterfront.

Find the names of each king and post your completed trail map in Santa's post box under the stairs at Martha's Vineyard by the Milford Marina Office for the chance to win a prize.



Find out more at www.milfordwaterfront.co.uk/whats-on

Festive Fun

at Milford Winterfront

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Visit Milford Waterfront on the following dates between 12pm and 3pm and you'll enjoy some festive entertainment to make your trip just a little more special.

SATURDAY 2ND DECEMBER

We'll be joined by Milford Haven Town Band and Sparkle the Elf will be busy at Milford Haven Museum creating and making at a special Christmas craft workshop. Join Sparkle and colour in a Christmas hat to take away.

Later in the day, Santa will be switching on the Christmas lights at Milford Haven Town Hall, and a Lantern Parade organised by Milford Haven Town Council will take place.

Small Business Saturdav

Shop local and



SATURDAY 9TH DECEMBER

The Christmas Elves and their Goodometer will be here to check who has been naughty and nice over the past year, as well as performances from The Operatic Society.

SATURDAY 16TH DECEMBER

Celebrity Reindeer, Prancer and Dancer will be showing off their moves and we will have performances from Gelliswick Choir.





Find out more at www.milfordwaterfront.co.uk/whats-on







(c) * #milfordwinterfront

All events are correct at time of print and may be subject to change. Please follow Milford Waterfront on social media for any changes to the schedule.









A TORCH THEATRE COMPANY PRODUCTION | CYNHYRCHIAD CWMNI THEATR TORCH





WRITTEN AND DIRECTED BY | YSGRIFENNWYD A CHYFARWYDDWYD GAN **CHELSEY GILLARD**

DESIGNED BY | CYNLLUNIWYD GAN KEVIN JENKINS

MUSIC BY | CERDDORIAETH GAN JAMĖS WILLIAMS

FRI | GWEN 15 - SUN | SUL 31 DECEMBER | RHAGFYR **VARIOUS TIMES** | AMSEROEDD AMRYWIOL

RELAXED ENVIRONMENT PERFORMANCE | PERFFORMIAD AMGYLCHEDD HAMDDENOL - SAT | SAD 16 DEC | RHAG | 2PM BSL PERFORMANCE | PERFFORMIAD BSL - TUE | MAW 19 DEC | RHAG | 6PM (Interpretation by | Dehongliad gan Liz May)



torchtheatre.co.uk | 01646 695267









Milford Waterfront parkrun

Every Saturday at 9.00am

WALK, JOG, RUN, VOLUNTEER

or simply come and watch - it's up to you!

FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

FUN FOR ALL THE FAMILY

Prams and dogs can take part

IMPROVE HEALTH & FITNESS

Be active in the open air

DEVELOP NEW SKILLS

Opportunities to volunteer

FREE & EASY TO TAKE PART

No need for special equipment or clothing

YOU DON'T HAVE TO RUN

Walkers are always welcome

BE PART OF A COMMUNITY

Make new friends & socialise

BUILD CONFIDENCE

Track progress & achieve new goals



www.parkrun.org.uk/milfordwaterfront

Eating out

There's an impressive range of restaurants and cafés at Milford Waterfront with magnificent views overlooking the boats at Milford Marina and the Milford Haven Waterway.

Milford Waterfront's food scene is bustling all day long from a hearty breakfast or brunch, coffee and catch ups, lunch al fresco to afternoon tea, an evening meal or a cocktail or two with friends. It's the perfect place to hold a work Christmas party or meet up with friends and family for a mulled wine and mince pie in the run up to Christmas or between Christmas and New Year.



At dulse, located in the 4* Tŷ Hotel you'll enjoy an exciting dining experience where only the freshest produce from the Pembrokeshire coast and countryside is used. You'll also find a strong influence from local suppliers on the menu at Martha's Vineyard. Step back in time and enjoy a unique vintage dining feel at Madison's Bar & Restaurant.

Foam's impressive glass room is a great option for dining al fresco with fantastic views. An extensive menu of signature cocktails awaits you at The Harbourmaster which can be enjoyed on the popular veranda. Stack'd by Sand & Stone is a restaurant where burger making is an art form – stack your burger as you choose and don't forget to add some chicken and fries to the side.

Nautico's, Milford Waterfront's newest restaurant offers homemade classics with a relaxed and friendly atmosphere.

By day, the Spinnaker Café, Freckles Café, and the Crow's Nest Café all serve breakfast, light bites, lunch and refreshments with indoor and outdoor seating. You'll be sure to find a Baileys hot chocolate and seasonal delights on one of the menus. Pick up a graze box from The Cheesy Cow or some freshly baked pastries and doughnuts from Sugar Loaf, or wrap up warm and enjoy a stroll around the Waterfront with an ice cream from Velluto Gelato.





MARTHA'S VINEYARD

— RESTAURANT • BAR • TERRACE —

WISHING YOU A LOVELY CHRISTMAS & NEW YEARS

Eat, Drink & Be Merry

Book a table today!



-· **f @** ·-

WWW.MARTHASVINEYARD.CO.UK

Cleddau House • Milford Waterfront • Milford Haven • SA73 3AA 01646 697083 • eat@marthasvineyard.co.uk



dulse

THE WATERFRONT

MILFORD

A Taste of Tŷ

PERFECT FOR EVERY OCCASION.

ENJOY BREAKFAST, LUNCH, AFTERNOON TEA, DINNER OR SUNDOWNER DRINKS OVERLOOKING THE MARINA.









Tŷ Milford Waterfront | Nelson Quay Milford Haven SA73 3AF



Shopping in Milford Haven

Milford Waterfront's shopping scene has really improved over the last few years with a growing mix of local independent retailers.

From stylish clothing and accessories, to sweet treats and personalised products, there's a wide range of gifts available to suit every member of the family.

Here are just some of the items you can tick off your Christmas shopping list:



Scott's Sweet Shop have you covered for stocking fillers, Christmas Eve boxes for the children and thank you gifts for teachers. They've got giant candy canes, chocolate shaped gaming controllers, mobile phones, toolkits, make up sets, Wonka bars, chocolate coins, chocolate tree decorations and a range of mixed sweets and fudge lovingly packaged in cones, boxes and jars. With sugar free, dairy free, gluten free, vegan sweets and carob available, Scott's Sweet Shop have got most dietary requirements covered too.



Head to Trwffl if it's a gift of local produce that you're after where you can handpick items to make a beautifully packaged hamper. With a range of delicious Welsh products such as Tregroes Waffles, Welsh Brew Tea, Barti Ddu Rum, Cinnamon Grove Gin, Tan y Castell Welsh cakes, The Potting Shed and Welsh Lady preserves, the recipient will have plenty to keep them going over the festive period. The team at Trwffl specialise in making handmade chocolates, available in so many delicious flavours. Some of our favourites include Sea Salt and Vanilla, Barti Ddu Rum, Zesty Orange and Luscious Lemon. You'll also find a lovely range of homeware products in store, such as Melin Tregwynt throws, Mena Ceramics, photography gifts from Pembrokeshire Moments and jewellery and pottery by Patrizia and Mark Walford.

Dilly's Chocolates also make their own chocolate and have a delicious selection of flavours including Raspberry and Rose, Gin and Lemon, Honey and Almond and Honey and Saffron.



For those that enjoy being pampered and a bit of rest and relaxation, a hair or beauty treatment would make the perfect gift. **Akamuti** is the home of natural, organic and ethical skincare products. As you walk in store, you are greeted with an array of aromatic smells that make up a great range of high quality oils, butters, healing herbs and botanicals, all designed to nourish the skin

and uplift your senses.

Aspire Beauty sells a range of leading products such as Dermalogica, Mii Cosmetics, Jessica Nails and Revitalash lash serum. With Dermalogica Skincare Expert status, Carly at Aspire Beauty is passionate about skincare and has a wealth of knowledge to carry out treatments that really get results.

Salon Elle specialise in making your brows and lashes look fabulous, whilst **Van Dyk's Hairdressing Salon** and **OG Barbers** offer high-quality hair care.

Pure Art and the Waterfront Gallery showcase some of the best artists and craft workers in west Wales. If you're looking for a gift for an art enthusiast, then look no further than these two galleries that display an assortment of mediums, including paintings, photography, sculpture and ceramics, and beautiful gifts.

For those that are tricky to buy for and really do have everything, we're sure that a **Pembrokeshire Lottery** gift subscription would be much appreciated. They'll have the chance of winning £2,000 in the weekly draw, plus a monthly superdraw with £4,000 or £8,000 up for grabs. In December, the value of the monthly superdraw increases to £10,000 just in time for Christmas!





















Handmade chocolates by Trwffl

An exclusive gift, perfect for any occasion.

Discover an array of flavours at our family business at Milford Waterfront. Milk chocolate, dark chocolate, vegan and gluten free options available.

Pop in and browse our selection of gifts and bespoke hampers.





The perfect place for the perfect gift!



Call in to find out about our special offers

Everything made, hand painted or drawn by us!

Find us on Facebook or Instagram

@TheCheekySheepUK

www.thecheekysheep.co.uk

Tel: 01646 690063



4 Agamemnon House, Nelson Quay, Milford Haven





Designer Fashions Image By Vanessa Ltd

Come and get into the festive spirit at Image By Vanessa!

Christmas is getting closer and it's the perfect time of year to celebrate with loved ones, support our local communities and spread some joy by treating our family and friends to a special little gift.

Image By Vanessa is here to take all the stress away and make your life easy this Christmas. We have hand selected a fabulous collection of scarves and gloves which can be combined to make great gift sets to suit any budget or taste from just £12.

If you are looking for something a bit different, we also have a striking selection of knitwear in the most beautiful colours, prints and styles. From cardigans and ponchos to tunics and jumpers, we have something to suit everyone, no matter what your age or size.

Wanting something a little bit more glamorous? We have got you covered ladies. Come in and see our stunning range of partywear and our selection of sparkly jumpers and tops in subtle colours, which are extremely flattering and very glamorous – we all need a bit of glitz and glamour around Christmas.

We can make your family's lives easier too as we have gift vouchers available, which you can then spend all year round on whatever you like. We can also arrange for any gifts or gift vouchers to be posted to make things that little bit easier.

Last but definitely not least, we would like to say a big thank you to all our lovely customers who have supported us this year.



Wishing you all a Merry Christmas and a Happy New Year!



Pebbles

shop next to the Tŷ Hotel.

Jewellery, Gifts & Casual Clothing

We are all ready here at Pebbles to help make your festive season sparkle with a wide selection of jewellery, gifts and outfits.

We stock Gisela Graham Christmas decorations. a range of silver jewellery and accessories, Bomb Cosmetics, Coastie Candles, dcuk, the latest collections from Adini, Lili and Me and Bamboo. and much more.

We also offer a free gift-wrapping service with every purchase too.

01646 695395



2 Orion House, Nelson Quay, Milford Haven



Google Pay, Apple Pay and American Express.



Healthaspire is based in The Old Smoke House at Milford Waterfront and is run by nutritionist and health coach Ellen Picton. Healthaspire opened its doors in 2014 specialising in food intolerance and allergies, along with weight loss and IBS issues.

Ellen is a registered nutritionist and uses food as medicine to help people heal from within.

Services

Consultation **£45**Food intolerance test **£89**Gut bacteria analysis **£195**7 weeks weight loss coaching **£195**

Residential Retreat

Cwm Connell Cottages

Moylgrove, Pembrokeshire 26th - 29th January 2024

£395pp





Fayment Plans £ 100 Deposit 4 x £ 73.75 (OCT - JAN) Final Payment due Jan 16th

What's Included

Full Board Delicious Meals Cookery Demos Nutritional Talks Pilates - Zumba - Walks Luxury Welcome Pack





www.healthaspire.co.uk | 07780 470366











FRECKLES Cafe

Good friends, good food, good coffee, good times.

A lovely little spot to take a break along the Milford Waterfront,

- (1) Homemade Products
- (1) Fresh, Locally-Sourced Ingredients
- Dog Friendly
- () Wide variety of Menu Options, covering all dietary requirements

Look out for our seasonal specials and menus!

You can find us at...

UNIT 5 & 6 AGAMEMNON HOUSE, NELSON QUAY, MILFORD HAVEN, SA73 3AY

01646 562442

WWW.FRECKLESCAFECOMPANY.COM



Connie & Jo, for all your Christmas gifts and more Find us at 22-24 Charles Street





Vellness card

Receive great discounts and offers at local Clinics, Spas, Gyms, Recreational Activies and Healthy Eateries in and around Pembrokeshire.

Give the gift of Wellness this Christmas



Only £15 for the whole year!

01646 693333 info@physio-plan.co.uk physio-plan.co.uk



Move Well Eat Well Feel Well Age Well Live Well





A Pembrokeshire Lottery Gift Subscription is the perfect Christmas gift for everyone - No batteries required!!

- thoose from either 6 months (£26) or 12 months (£52)
- You'll receive a gift pack including welcome letter, goody bag and gift card wrapped with ribbon!
- Your gift pack can be sent either to you or straight to the recipient.

RING TO ORDER ON 01646 690800

Promoted by Mr DSR Clarke and Ms Abigail Owens on behalf of Investing in Pembrokeshire Society Ltd, 16 Cedar Court, Milford Haven SA73 3LS.

Registered with the Gambling Commission for Great Britain. Players must be 16

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4 TEMERAIRE HOUSE, MILFORD WATERFRONT, PEMBROKESHIRE

Merry Christmas!

The Wales Contemporary continues until 20th December 2023 with works from all over the world available to purchase just in time for Christmas.

Why not treat a loved one to a wonderful gift of artwork this year!

Or maybe treat yourself...!

We look forward to welcoming you to the gallery.

Our opening times are:
Tuesday to Saturday 10.30am to 4.00pm

The Old Sail Loft
The Docks, Milford Haven
Pembrokeshire
SA73 3AF

watertront

www.thewaterfrontgallery.co.u



Make a night of it and stay at the 4* Tŷ Hotel Milford Waterfront

Located at the entrance to Milford Waterfront and overlooking Milford Marina, Tŷ Hotel Milford Waterfront is managed by the team behind the Celtic Manor Resort and features 100 bedrooms, a restaurant, bar, private dining area and an activity suite.

Or, maybe you fancy something a little different? You could enjoy a night on the water in a Floatel Cabin moored among the boats at Milford Marina.

Each cabin sleeps two and comes with an en suite shower room, private balcony and floor-to-ceiling windows so you can enjoy the best views of the water and spectacular sunsets. Two floatel rooms are also dog-friendly, so small well-behaved four-legged travel companions can join you too. If you're after an unusual and unique glamping experience, these floating rooms are perfect for you.

There are a range of other accommodation options available in Milford Haven including the newly refurbished, **Lord Nelson Hotel** on Hamilton Terrace, **St Katharine' House Bed & Breakfast, Waterside apartments** among others.



How to find Milford Waterfront

Milford Waterfront is conveniently located in the heart of Pembrokeshire, with good links by road and rail, visitor parking with flat, easy access, and we're a dog friendly destination too!



By Road

Travelling west to Pembrokeshire, follow the A40 to Haverfordwest then the A4076 to Milford Haven. Alternatively, take the A477 via the Cleddau Bridge, to Milford Haven.



By Train

Milford Waterfront is just 5 minutes' walk away from Milford Haven Train Station, which is on the main line from Cardiff, London and beyond.



By Bus

The nearest bus station, just outside our local Tesco Superstore is 5 minutes' walk away from Milford Waterfront.



Where to park

There are lots of visitor parking spaces a short walk away from all of the fantastic businesses at Milford Waterfront.



Look out for the signs to find the visitor parking areas. Please avoid the privately owned parking areas at Milford Waterfront which are clearly signposted.











Visit www.milfordwaterfront.co.uk/christmascompetition or scan the QR code to enter.





Designed by lisadevonald.co.uk

f ○ **X** #visitmilfordhaven

All information correct at time of going to print (October 2023)

*Conditions apply. See online for details. Competition closes on Friday 15th December 2023.

Milford