



Win a  
£100  
voucher

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Terms and conditions apply.

**FREE  
PARKING**  
AT MILFORD  
WATERFRONT

# Milford Haven Christmas Guide 2022



EAT | SHOP | ENJOY | STAY



Produced by  
**Milford Waterfront**

**M** Milford  
Waterfront  
Where the land meets the sea



# Milford Haven is the perfect place to visit this Christmas!

Milford Haven is a special place to be at Christmas, with a range of places to eat, shop, enjoy and stay at this magical time of year.

If you're looking for somewhere to celebrate with friends and family, then there are a fantastic mix of restaurants and cafés to choose from, offering Christmas party menus and entertainment, and Boxing Day and New Year celebrations too.

Your Christmas shopping is covered with a wide selection of shops in the town centre, at Havens Head Retail Park and Milford Waterfront. Whether you're looking for special gifts, a Christmas party outfit, hair and beauty treatments or the Christmas essentials, you'll be sure to find it here.

There's lots of festive events taking place too, with Milford Haven Round Table's Santa Tour, the Christmas lights switch on at the Town Hall, festive activities at Milford Waterfront every Saturday in the lead up to Christmas and this year's Christmas pantomime at the Torch Theatre; Sleeping Beauty.

Milford Waterfront is conveniently located in the heart of Pembrokeshire, with good links by road and rail and free parking.

We look forward to seeing you this Christmas.

Merry Christmas and Happy New Year!

[www.milfordwaterfront.co.uk](http://www.milfordwaterfront.co.uk)

   #visitmilfordhaven

*All information correct at time of going to print (October 2022)*



The Mayor, on behalf of the  
Members of the  
Milford Haven Town Council,  
wishes everyone a

**Merry Christmas and  
Happy New Year**



 **ROUNDTABLE**  
MILFORD HAVEN 639  
SUPPORTING SANTA AROUND MILFORD HAVEN

# SANTA'S on TOUR

IN MILFORD HAVEN

**MONDAY 12<sup>TH</sup> TO THURSDAY 15<sup>TH</sup> DECEMBER**

**DON'T FORGET TO FOLLOW SANTAS TRACKER!!**

FOLLOW US ON  


# Eat

## at Milford Waterfront

With an impressive range of restaurants and cafés, and views overlooking the boats at Milford Marina and the Milford Haven Waterway, you'll be spoilt for choice with a range of places to choose from for your traditional turkey, pigs in blankets and crispy roast potatoes! Or, if you would rather something a little less traditional, you can also enjoy locally landed fish, freshly made authentic Neapolitan pizza or the very best of vegan cuisine.



Head to **dulse** for an exciting new dining experience at the brand new Tŷ Hotel, serving up some of the freshest produce from the Pembrokeshire coast and countryside. You'll also find a strong influence from local suppliers on the menu at **Martha's Vineyard**. **Foam's** impressive glass room and outdoor domes are a great option for dining al fresco, as well as **COCO's Restaurant** cosy cwtches and Sunset Bar. You'll find an extensive menu of signature cocktails at **The Harbourmaster** which can be enjoyed on the popular veranda. And, **The Lounge** offers homemade classics with a relaxed and friendly atmosphere.



Step back in time and enjoy a unique dining experience at 1920s and 30s themed restaurant, **Madison's Bar & Restaurant**, or make your way to **Impasto Pizza Bar** where you'll find the very best of authentic Italian cooking.

By day, the **Spinnaker Café**, **Talouies**, and the **Crow's Nest Café** all serve breakfast, light bites, lunch and refreshments. You'll be sure to find a seasonal gingerbread latte and freshly baked mince pie on one of the menus! Pick up a graze box from **The Cheesy Cow** or some freshly baked pastries and doughnuts from **Sugar Loaf**, or wrap up warm and enjoy a wander around the Waterfront with an ice cream.







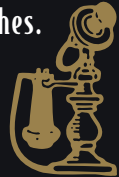
# HAVE YOURSELF A VERY VINTAGE CHRISTMAS AT MADISON'S BAR & RESTAURANT!



Enjoy the full vintage Christmas party experience with the 'Opening Act', followed by the 'Main event' and 'The Final Curtain' dishes. **NOW TAKING FESTIVE BOOKINGS UNTIL CHRISTMAS EVE**



**RESERVATIONS 01646 278274**



## Pebbles

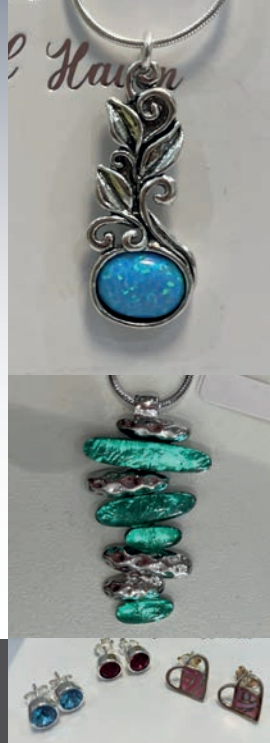
Jewellery, Gifts & Casual Clothing

Pop in to Pebbles for a personal shopping experience and browse a beautiful selection of Gisela Graham Christmas decorations, a range of silver jewellery and accessories, Bomb Cosmetics, Coastie Candles, dcuk, the latest collections from Adini, Lili and Me and Bamboo, and much more.

We also offer a free gift-wrapping service with every purchase too.

**01646 695395**  

2 Orion House, Nelson Quay, Milford Haven







*Wishing you a lovely Christmas  
& New Years from everyone at*



# MARTHA'S VINEYARD

— RESTAURANT • BAR • TERRACE —

*Sit back, unwind & enjoy  
good food and drink this Christmas  
with friends and family*

Reserve a table on our website, today!



[WWW.MARTHASVINEYARD.CO.UK](http://WWW.MARTHASVINEYARD.CO.UK)

Cleddau House • Milford Marina • Milford Haven • SA73 3AA  
01646 697083 • [eat@marthasvineyard.co.uk](mailto:eat@marthasvineyard.co.uk)



# Shop

at Milford Waterfront

Late Night Shopping

Every Thursday in December until 8pm\*

From beautifully selected jewellery and personalised products, to relaxing beauty treatments and sweet treats, there's a wide range of gifts available at Milford Waterfront to suit all budgets.

Here are just some of the items you can tick off your Christmas shopping list at Milford Waterfront:



1

If you want to feel the magic of Christmas, then just step into **Pebbles** where you'll be greeted by Elaine's infectious Christmas spirit and a range of beautiful festive decorations. With so many Gisela Graham decorations and more to choose from, you're bound to come out with more than one to add to your collection! Pebbles stocks a fantastic range of gifts and stocking fillers including Bomb Cosmetics, Coastie Candles, dcuk and Joma Jewellery, as well as the latest collections from Adini, Lili and Me and Bamboo. With a free gift-wrapping service with every purchase too, Pebbles really is the place to go for a personal shopping experience.



2

If it's a gift of local produce that you're after, then head to **Trwffl** where Sandra will put together a beautifully packaged hamper bespoke to order. With a range of delicious Welsh products such as Tregroes Waffles, Welsh Brew Tea, Cinnamon Grove Gin, Tan y Castell Welsh cakes, The Potting Shed and Welsh Lady preserves, the recipient will have plenty to keep them going over the festive period. The real gem at Trwffl though is their handmade chocolates. Available in a range of delicious flavours, some of our favourites include Sea Salt and Vanilla, Zesty Orange and Luscious Lemon. You'll also find **Dilly's Chocolates** here, uniquely hand decorated with a range of scrumptious flavours such as Raspberry and Rose, Gin and Lemon, Honey and Almond, Whiskey and Vanilla, or your classic dark or milk chocolate.



*\*Visit our website for updates on individual business opening hours and promotions.*



# 3

Give something personal with a printed item from **St Brides Bay Print & Embroidery**. With the skills to print on pretty much anything, you could get your family and friends who love baking a customised apron, or a personalised mug for that colleague that you've drawn for Secret Santa who drinks tea or coffee all day long! Lizzie and the St Brides team also stock **STACKS Co** clothing, with a range of eco-friendly products inspired by the environment, family and having fun. Shan at **The Cheeky Sheep** also offers personalised products with the option to add a name to her hand painted glassware, including gin and wine glasses, teapots and vases. You'll find fluid art jewellery and original pastel artwork in store. Shan also takes commissions for pet portraits, something we are sure all our animal loving friends would adore.



# 4

For those that enjoy being pampered and a bit of rest and relaxation, a hair or beauty treatment would make the perfect gift. **Aspire Beauty** sell a range of leading products such as Dermalogica, Mii Cosmetics, Jessica nails and Revitalash lash serum. With Dermalogica Skincare Expert status, Carly at Aspire Beauty is passionate about skincare and has a wealth of knowledge to carry out treatments that really get results. **Van Dyk's Hairdressing Salon** and **OG Barbers** offer high-quality hair care, and **Akamuti** is the home of natural, organic and ethical skincare products. As you walk in store, you are greeted with an array of aromatic smells that make up a great range of high quality oils, butters, healing herbs and botanicals, all designed to nourish the skin and uplift your senses.



# 5

**Scott's Sweet Shop** have got you covered for stocking fillers, Christmas Eve boxes for the children and thank you gifts for teachers. They have a delicious range of mixed sweets lovingly packaged in cones, boxes and jars. With sugar free, dairy free, gluten free, vegan sweets and carob available, Scott's Sweet Shop have got most dietary requirements covered too.



# Shop

at Milford Waterfront



6

**Image by Vanessa, Boobaloo Boutique** and **Salt on the Strand** stock a range of stylish clothing, footwear and accessories. All three shops have friendly and welcoming staff who ensure that their customers always leave looking and feeling amazing. Pop in and browse their ranges where the staff will gladly offer plenty of guidance, or buy a gift voucher so that your loved one can choose something for themselves.



7

For those that are tricky to buy for and really do have everything, we're sure a **Pembrokeshire Lottery** gift subscription would be much appreciated. They'll have the chance of winning £2,000 in the weekly draw, plus a monthly superdraw with £4,000 or £8,000 up for grabs. In December, the value of the monthly superdraw increases to £10,000 just in time for Christmas!

8

**Pure Art** and the **Waterfront Gallery** showcase some of the best artists and craft workers in west Wales. If you're looking for a gift for an art enthusiast then look no further than these two galleries that display an assortment of mediums, including paintings, photography, sculpture and ceramics, and beautiful gifts.



For all of your Christmas essentials, look no further than the shops at **Havens Head Retail Park** just across the way from Milford Waterfront. You'll be able to pick up cards, wrapping paper and so much more from a range of national chains such as Tesco and Home Bargains. Or, if you are feeling creative, pop in to **In House Crafts** and pick up some supplies to make your own cards, gift wrap and decorations.



Designer Fashions  
**Image**  
By Vanessa Ltd

## Come and get into the festive spirit at Image By Vanessa!

Christmas is getting closer and it's the perfect time of year to celebrate with loved ones, support our local communities and spread some joy by treating our family and friends to a special little gift.

Image By Vanessa is here to take all the stress away and make your life easy this Christmas. We have hand selected a fabulous collection of scarves and gloves which can be combined to make great gift sets to suit any budget or taste from just £12.

If you are looking for something a bit different, we also have a striking selection of knitwear in the most beautiful colours, prints and styles. From cardigans and ponchos to tunics and jumpers, we have something to suit everyone, no matter what your age or size.

Wanting something a little bit more glamorous? We have got you covered ladies. Come in and see our stunning range of partywear and our selection of sparkly jumpers and tops in subtle colours, which are extremely flattering and very glamorous – we all need a bit of glitz and glamour around Christmas.

We can make your family's lives easier too as we have gift vouchers available, which you can then spend all year round on whatever you like. We can also arrange for any gifts or gift vouchers to be posted to make things that little bit easier.

Last but definitely not least, we would like to say a big thank you to all our lovely customers who have supported us this year.



Wishing you all a Merry Christmas and a Happy New Year!





## Handmade chocolates by Trwffl

An exclusive gift, perfect for any occasion.

Discover an array of flavours at our family business at Milford Waterfront. Milk chocolate, dark chocolate, vegan and gluten free options available.

Pop in and browse our selection of gifts and bespoke hampers.





# Scott's Sweet Shop



Bringing back the taste of sweet memories  
to each and every one of you



A traditional sweet shop  
with a modern twist



We sell birthday cones  
and boxes, made to order



American candy  
and slushies available



You'll find us in 1 Victory House, the first shop next to the Tŷ Hotel.

**UK POSTAGE AVAILABLE**

We take payment via cash, credit/debit cards,  
Google Pay, Apple Pay and American Express.





# The Cheeky Sheep

Handpainted Glassware - Jewellery - Artwork



*The perfect place for the perfect gift!*

**New fused glass  
hanging decorations**



Call in to find out about our  
Christmas offers

Everything made, hand painted or drawn by us!

**Late night Thursday  
with 10% off**

**1st, 8th & 15th December**

**5pm - 8pm**

Find us on Facebook or Instagram

**@TheCheekySheepUK**

[www.thecheekysheep.co.uk](http://www.thecheekysheep.co.uk)

**01646 690063**



4 Agamemnon House, Nelson Quay, Milford Haven



# BOOBALOO BOUTIQUE

wishes you a

*Merry Christmas*

Our Award Winning Boutique is host to a collection of affordable everyday fashion, footwear and accessories.

We also have Gift Vouchers and a great selection of Stocking Fillers to suit everyone this Festive Season.

*Thank You to all our Wonderful Customers for your Support xx*


3 Orion House, Nelson Quay, Milford Haven, Pembrokeshire. SA73 3AZ Tel: 07379 753446

[Boobalooboutique.com](http://Boobalooboutique.com)








# akamuti<sup>®</sup>



A warm welcome awaits you in our beautiful waterfront store. Our 100% natural botanical skincare selection includes body moisturisers, luxury facecare, shea butter, black soap, pure essential oils, gift selections and much more, all made here in Pembrokeshire. Come and try them out in store!



**3 Vanguard House**  
**Milford Waterfront, SA73 3AH**  
**Opening Times: 10am - 5pm every day!**



Look out for our late-night openings throughout December.  
We look forward to seeing you soon.

**[www.akamuti.co.uk](http://www.akamuti.co.uk)**







# Waterfront *gallery*

The Waterfront Gallery showcases some of the best artists and craftworkers in west Wales by displaying a permanent collection of fine art, as well as presenting a programme of changing exhibitions throughout the year.

We are looking ahead to our **Waterfront Christmas Show** which will run from **Thursday 24th November to Saturday 31st December** (excluding bank holidays). Pop in and see displays of work by our regular artists, a feast of fine art work.

Another treat to look forward to is the re-awakening of our schools exhibitions which were missed due to the Covid lockdowns. The Waterfront Gallery continues to be committed to the success of future generations and the schools show is due to be exhibited for the month of February 2023. Further news about timings and dates will be found on our website shortly.






[thewaterfrontgallery.co.uk](http://thewaterfrontgallery.co.uk)



“Tired of giving novelty socks ?  
Do they really want that box of chocs ?  
Or soap on a rope that gives you a rash,  
So give them a chance to win some cash !”



A Pembroke Lottery Gift Subscription is the perfect Christmas gift for everyone - No batteries required !!

-  Choose from either 6 months (£26) or 12 months (£52)
-  You'll receive a gift pack including welcome letter, goody bag and gift card wrapped with ribbon !
-  Your gift pack can be sent either to you or straight to the recipient.

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FOLDERS, LETTERHEADS, POSTERS,  
CARDS, BANNERS, POPUPS . . . and lots more**



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**01646 690007**

# W <sup>Physio-Plan</sup> Wellness card



Receive great discounts with your **Physio-Plan Membership Wellness Card** at local clinics, spas, gyms, recreational activities and healthy eateries.

Give the gift of wellness with a **Wellness card Voucher**  
**Only £15** for an entire year of savings!



Move Well Eat Well Feel Well Age Well Live Well

[physio-plan.co.uk](http://physio-plan.co.uk) [info@physio-plan.co.uk](mailto:info@physio-plan.co.uk) 01646 693333





# Enjoy

at Milford Waterfront

**Small Business Saturday**  
Shop local and support independent businesses

Visit Milford Waterfront on the following dates between **11am and 3pm** and you'll enjoy some festive entertainment to make your trip just a little more special.

**3<sup>rd</sup>**

## Saturday 3rd December

We'll be joined by the Christmas Nutkins, the Torch Voices choir and Sparkle the Elf will be busy at Milford Haven Museum creating and making at a special Christmas craft workshop. Join Sparkle and colour in a Christmas hat to take away. Later in the day Santa will be switching on the Christmas lights at Milford Haven Town Hall, and a Lantern Parade organised by Milford Haven Town Council will take place.

**10<sup>th</sup>**

## Saturday 10th December

The Lairy Fairy and the Dancing Christmas Tree will be jiggling and jiving their way around Milford Waterfront, as well as performances from Milford Haven Town Band and Limelight School for Performing Arts.

Pure West Radio will also be broadcasting live from Milford Waterfront, interviewing some of the fantastic businesses here and running giveaways throughout the day.

**17<sup>th</sup>**

## Saturday 17th December

Celebrity Reindeers, Prancer and Dancer will be showing off their moves and we will have personal appearances from The Snowman™ and The Snowdog at intervals.

*All events are correct at time of print, and may be subject to change. Please follow Milford Waterfront on social media for any changes to the schedule.*







# The Snowman™ AND THE SNOWDOG



*'The Snowman™ and The Snowdog'*  
© Snowdog Enterprises Limited 2022

Will you be able to  
spot Santa's friends at  
Milford Waterfront?

## Milford Waterfront Christmas Trail

Our Christmas Trail with some of Santa's friends returns from Saturday 3rd December to Sunday 18th December.

Download a trail sheet from the Milford Waterfront website, or collect a copy from under the stairs at Martha's Vineyard by the Milford Marina Office, and search for Santa's friends who are hidden around the businesses at Milford Waterfront! Keep your eyes peeled for **Elfvis, Evangeline, Mr Crumbs, Barney, Plum, Nelson, Douglas fir, Peckington, Snowie, Rudolf and Ruby the Robin.**



Find out more at [www.milfordwaterfront.co.uk/whats-on](http://www.milfordwaterfront.co.uk/whats-on)



# Milford Waterfront parkrun

Every Saturday at 9.00am

**WALK, JOG, RUN, VOLUNTEER**

or simply come and watch – it's up to you!

## FRIENDLY, ENJOYABLE 5K EVENTS

Every Saturday morning

## FUN FOR ALL THE FAMILY

Prams and dogs can take part

## IMPROVE HEALTH & FITNESS

Be active in the open air

## DEVELOP NEW SKILLS

Opportunities to volunteer

## FREE & EASY TO TAKE PART

No need for special equipment or clothing

## YOU DON'T HAVE TO RUN

Walkers are always welcome

## BE PART OF A COMMUNITY

Make new friends & socialise

## BUILD CONFIDENCE

Track progress & achieve new goals

[www.parkrun.org.uk/milfordwaterfront](http://www.parkrun.org.uk/milfordwaterfront)







A TORCH THEATRE COMPANY PRODUCTION

# SLEEPING BEAUTY

WRITTEN & DIRECTED BY  
YSGRIFENNIWYD A CHYFARWYDDWYD GAN

**PETER  
DORAN**

DESIGNED BY  
CYNLLUNIWIWYD GAN

**SEAN  
CROWLY**

LIGHTING BY  
GOLEUO GAN

**CERI  
JAMES**

MUSIC BY  
CERDDORIAETH GAN

**JAMES  
WILLIAMS**



"IT'S THE TORCH'S  
PANTO. UNDOUBTEDLY  
THE BEST ON PLANET  
EARTH"

**BUZZ MAGAZINE**

**FRIDAY 16 - SATURDAY 31 DECEMBER**

**GWENER 16 - SADWRN 31 RHAGFYR**

**£21.50 | £18.50 CONS | £68.00 FAMILY**



**torchtheatre.co.uk**  
**01646 695267**







# Stay

at Milford Waterfront



## Make a night of it and stay at the brand new, Tŷ Hotel Milford Waterfront

Located at the entrance to Milford Waterfront and overlooking Milford Marina, Tŷ Hotel Milford Waterfront is managed by the team behind the Celtic Manor Resort. Part of the Celtic Collection's growing portfolio of Tŷ Hotels, the hotel has been awarded a 4 star grading by Visit Wales and boasts 100 bedrooms, a restaurant, bar, private dining area and an activity suite.

## Or, maybe you fancy something a little different? Why not experience a night on the water in one of the Floatel Cabins?

Moored among the boats at Milford Marina your Floatel Cabin has it's own private balcony from where you can enjoy the best views of the water and spectacular sunsets. Each cabin sleeps two and comes with an en suite shower room, luxurious furnishings, private balcony and floor-to-ceiling windows so you can enjoy the best views of the water and spectacular sunsets. Two floatel rooms are also dog-friendly, so small well-behaved four-legged travel companions can join you too. If you're after an unusual and unique glamping experience, these floating rooms are perfect for you.

Book your stay at [ty-hotels.com](https://www.ty-hotels.com)

# CHRISTMAS AT dulce

THE  
WATERFRONT



MILFORD  
HAVEN

## Christmas at Tÿ New Year's Eve

Celebrate Christmas with fabulous festive dining, or enjoy a seasonal stay by the sea at Tÿ Milford Waterfront.

From indulgent afternoon tea to Christmas Day Lunch, take your pick from our dining delights.

Make it a New Year's Eve to remember with an amazing five-course dinner and fabulous live entertainment as you celebrate with friends and family in the stylish surroundings of our waterside restaurant, dulce.



Book now at [ty-hotels.com](https://www.ty-hotels.com) | [@tymilfordwaterfront](https://www.instagram.com/tymilfordwaterfront)  



**Healthaspire** is based in The Old Smoke House at Milford Waterfront and is run by nutritionist and health coach Ellen Picton. Healthaspire opened its doors in 2014 specialising in food intolerance and allergies, along with weight loss and IBS issues. Ellen is a registered nutritionist and uses food as medicine to help people heal from within.



## Services

Consultation **£45**

Food intolerance test **£89**

Gut bacteria analysis **£195**

7 weeks weight loss coaching **£195**

## 6 Week Wellness Group

Friday 6th January | 9.30am - 10.30am  
Steynton Church Hall

Kick start your new year with Nutritionist and Health Coach Ellen Picton. Learn how to eat to nourish your body, not deprive it, and lose unwanted weight without starving.

### Weekly talks and demos

- Week one: Getting started - Detox
- Week two: Cookery Demo - Lunch ideas
- Week three: Moving more & vitamins
- Week four: Cookery demo - Midweek mains
- Week five: Managing stress & mindfulness
- Week six: Cookery demo - Sweet treats - living with nutrition

### £75 per person for 6 weeks

Includes:

- Full body scan
- Meal plans
- weekly weigh in
- Shopping lists
- Food diary
- Optional weekly walk
- Support group

### Get in touch to book your space



[www.healthaspire.co.uk](http://www.healthaspire.co.uk) | 01646 692174







Greenacres Rescue  
would like to wish you a

# Merry CHRISTMAS

and a **HUGE THANK YOU**  
for all of your support in  
2022

Special thank you to the  
Port of Milford Haven



# Win a £100 voucher

to spend at Milford Waterfront\*

For your chance to win this amazing prize  
in time for Christmas, make sure you enter  
by Sunday 18th December 2022.

**Good luck!**



Visit [www.milfordwaterfront.co.uk/voucher](http://www.milfordwaterfront.co.uk/voucher)  
or scan the QR code to enter.



   [#visitmilfordhaven](https://www.instagram.com/visitmilfordhaven)

\*Conditions apply. See online for details.  
Competition closes on Sunday 18th December 2022.

*All information correct at time of going to print (October 2022)  
Designed by lisadevonald.co.uk*

 **Milford  
Waterfront**  
Where the land meets the sea

Milford Waterfront is part of the Port of Milford Haven